

Adopt a Park/Trail Safety Reminders

The safety reminders are intended to keep all participants in the Adopt a Park/Trail program safe. They cannot, however, cover all situations that volunteers may encounter, and it is the responsibility of all participants, especially group leaders, to use their best judgment to maintain the safety of everyone involved at all times.

- Dress appropriately for the weather. Closed toed shoes, long pants and sturdy gloves are recommended. Hats, sunscreen, and insect repellent are also recommended.
- When working near a roadway, wear a safety vest and/or bright colored clothing to be seen easily by motorists.
- Work only during daylight hours and only in favorable weather.
- Have plenty of water on hand.
- Take breaks and avoid overexertion, especially in hot weather.
- Avoid working alone. Work in groups and use the buddy system.
- Have a first aid kit at the cleanup site.
- Be aware of personal surroundings at all times. Stay alert to the dangers posed by changing weather, wildlife, passing cars, poisonous plants (pay special attention to poison ivy and wild parsnip) or any other hazards that might be encountered at your site.
- Do NOT pick up litter from road surfaces.
- Do NOT pick up hazardous materials (hypodermic needles, chemicals, dead animals, etc.) or unknown materials that may be hazardous. Report these items in the Cleanup Results Form.
- Do NOT participate in litter cleanups while under the influence of alcohol or drugs.
- Do NOT attempt to cleanup in any area that may pose a personal risk to volunteers such as dangerous overhangs, hard to reach area, etc.
- No power tools are allowed. Do NOT pick up any hazardous materials.